

Jump Rope

Level: Easy Int.

Artist: Blue October (Album Version, 3:19min)

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Wait 16 beats

Sequence: Intro A B Bridge1 A B C Bridge2 Ending

Intro:

2x Vine Touch	DS DS (xif)	DS Tch H (½ right)	DS DS (xif)	DS Tch Tch
	L R	L R L	R L	R L L
	&1 &2	&3 & 4	&5 &6	&7 & 8

Part A:

Charleston	DS TCH (if)	H T (ib)	H RS
	L R	L R	R LR
	&1 &	2 &	3 &4

Fancy Double	DS DS RS RS
	L R LR LR
	&1 &2 &3 &4

Turkey	H (ots/w)	FLP S (xib)	DS RS
	L	L R	L RL
	1	& 2	&3 &4

Heel Walk	DS DS H (w)	H (w)	RS
	R L R	L	RL
	&1 &2 &	3	&4

repeat above (opposite footwork!)

Part B:

4x Up-Down	S/arms up	S/arms down (hand as fist)	[move forward]
	L	R	
	&1	&2	

2x Basic	DS RS	[move back]
	L RL	
	&1 &2	

Fancy Double	DS DS RS RS	[full turn left]
	L R LR LR	
	&1 &2 &3 &4	

repeat all above

Bridge 1:

Jack & Jill	DS DS DS DS DR S DR S DR S DR S	[move fwd on beat 1-4]
	L R L R R L L R R L L R	[move bw on beat 5-8]
	&1 &2 &3 &4 & 5 & 6 & 7 & 8	

Part C:

4x Vine 8 big box	DS DS (xif)	DS DS (xib)	DS DS (xif)	DS RS	[each ¼ right on RS]
	L R	L R	L R	L RL	
	&1 &2	&3 &4	&5 &6	&7 &8	

Jump Rope

Bridge 2:

4x Up-Down	S/arms up L &1	S/arms down (hand as fist) R &2	[move forward]
Quick Rock Slur & Basic	R H(w/ots) L R & 1	SLR S(ib) L L & 2	DS RS R LR &3 &4
Triple	DS DS DS RS L R L RL &1 &2 &3 &4		
Quick Rock Slur & Basic	R H(w/ots) R L & 1	SLR S(ib) R R & 2	DS RS L RL &3 &4
Triple	DS DS DS RS R L R LR &1 &2 &3 &4		
Quick Rock Slur & Basic	R H(w/ots) L R & 1	SLR S(ib) L L & 2	DS RS R LR &3 &4
Fancy Double	DS DS RS RS L R LR LR &1 &2 &3 &4		[full turn left]

End:

4x Up-Down	S/arms up (fist) L &1	S/arms down (hand as fist) R &2	[move forward]
Yeah!	S S S S L R L R &1 &2 &3 &4	(arm circle from up to down) (fingers spread and wiggling)	[move back]
Fancy Double	DS DS RS RS L R LR LR &1 &2 &3 &4		[turn ¾ left]

repeat above 3 more times

Step	S L &1	(big arm circle from back to front “just like a jump rope”) (circle once or twice or three times (your choice))
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Sequence: Intro A B Bridge1 A B C Bridge2 Ending